

W. C. "BILL" WERNET - LIFE OF AN ORDINARY GUY

The basic reason for my return is to explain what I mean when I say ninety feels so good, and how I got there, health wasn't the best, drank a lot, smoked cigars, cigarettes and a pipe, outlook wasn't the best.

When I voluntarily retired from IBM at seventy years old and moved to Florida, like most very active people my mind set was, couple good years and need to decide weather to be buried or cremated, and where was easy, a newly commissioned Great Lakes National Military cemetery in Fenton, Michigan.

Along came an understanding of water and the vital roll it plays in our every day life. A new venture in a health related field really opened me up to many discoveries about ones health and how to recapture some of the youth that had slipped by.

Like the ordinary guy who has worked hard all his life raising seven children, finishing high school and college nights after service in WW II, from the invasion in Cherbourg France, through Belgium and Germany, back to the states to get re outfitted for the invasion in Japan. The two bombs ended that prospect, with three and a half years with battle stars; they didn't want to pay me anymore so out to corporate America.

With a successful and rewarding career of twenty five years in big blue as an international management consultant; so leaving the stress behind was some thing to look forward to. The prospect of taking it easy for a couple years felt good. My consulting was with among other things major drug companies, hospitals fortune five hundred companies, etc.

Before I go on I need to explain why I feel qualified to talk about health and how to approach solutions to certain problems. Many hospital visits for kidney stones, scabies service related, pneumonia five or six times, both male grandparents died from pneumonia in their mid fifties (so much for heredity), broken bones, arms legs, ribs from wiping out a motorcycle at fifty and all the other common problems of growing up, so couple years might be stretching it.

Need to mention many misdiagnoses for heart trouble, prostate cancer, bladder infections. on and on. Why so many doctor visits, my flight check was required bi-annually to keep my pilot license active, The Doc thought he saw something suspicious so on to a specialist to check it out, having time on my hands and the computer let me knowingly question and research the diagnosis all were just easy out crap shoots and pimping the drug therapy they were taught in medical school directed by the drug companies intervention into their medical curriculum. Ten thousand plus hours in the air with out hearing protection, the loud noises in Europe, plus age all didn't help my hearing. But yes I pass my physical and flight check, and can still legally fly an airplane.

No medications, antibiotics, nutrients or supplements, lots of natural Santé energy products,. water ,water and more energy water.

Disclaimer

The procedures, methodologies, products, and techniques mentioned or employed were preformed by myself for myself and are not meant to replace professional involvement or assistance. In any health related matter seek the best profession medical help available. The procedures, suggestions are those taken by myself and are my personal experiences and are not to suggest or attempt any medical procedure or take any product that worked for me

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